

| 日 | 曜 | 面 | 9~12 | 12~14 | 14~16 | 16~18 | 18~20 | 20~22 |
|----|---|-------------|------|-------|-------|-------|-------|-------|
| 1 | 金 | A B C | | | | | | |
| 2 | 土 | A B C | | | | | | |
| 3 | 日 | A B C | | | | | | |
| 4 | 月 | A B C | | | | | | |
| 5 | 火 | A B C | | | | | | |
| 6 | 水 | A B C | | | | | | |
| 7 | 木 | A B C | | | | | | |
| 8 | 金 | A B C | | | | | | |
| 9 | 土 | A B C | | | | | | |
| 10 | 日 | A B C | | | | | | |
| 11 | 月 | A B C | | | | | | |
| 12 | 火 | A B C | | | | | | |
| 13 | 水 | A B C | | | | | | |
| 14 | 木 | A B C | | | | | | |
| 15 | 金 | A B C | | | | | | |
| 16 | 土 | A B C | | | | | | |

| 日 | 曜 | 面 | 9~12 | 12~14 | 14~16 | 16~18 | 18~20 | 20~22 |
|----|---|-------------|------|-------|-------|-------|-------|-------|
| 17 | 日 | A B C | | | | | | |
| 18 | 月 | A B C | | | | | | |
| 19 | 火 | A B C | | | | | | |
| 20 | 水 | A B C | | | | | | |
| 21 | 木 | A B C | | | | | | |
| 22 | 金 | A B C | | | | | | |
| 23 | 土 | A B C | | | | | | |
| 24 | 日 | A B C | | | | | | |
| 25 | 月 | A B C | | | | | | |
| 26 | 火 | A B C | | | | | | |
| 27 | 水 | A B C | | | | | | |
| 28 | 木 | A B C | | | | | | |
| 29 | 金 | A B C | | | | | | |
| 30 | 土 | A B C | | | | | | |
| 31 | 日 | A B C | | | | | | |